

VOLUME 3

JULY TO SEPTEMBER 2024



HUMANITARIAN HERALD



*EMPOWERING COMMUNITIES,
ENHANCING FUTURE*



WELCOME TO OUR NEWSLETTER

👋 Dear Friends,

Warm greetings from ROYM Nepal!

Since our last e-bulletin, we've been working hard and we are excited to share the latest updates and accomplishments with you. This edition of our bulletin is packed with news and insights that reflect our ongoing commitment to making a positive impact.

Our recent projects have brought significant strides in various areas, and we've gathered some remarkable stories and developments to share. From impactful community initiatives to innovative programs that drive change, there's a lot to be proud of and even more to look forward to.

As always, your engagement and support are vital to our success, and we hope this bulletin inspires you to stay connected and involved.

Thank you for being a part of our journey. Enjoy reading and let's continue to make a difference together!

↓ In this newsletter you will find:

Latest projects, workshops, field insights and more. Keep Reading!



ORIENTATION TO FRAMERS GROUPS AND COMMUNITY ON SOCIAL TRANSFORMATION, HARMFUL TRADITIONAL PRACTICES, AND SOCIO-JUSTICE, RAUTAHAT, JULY 5, 2024

We recently conducted orientation sessions and meetings for various community groups, including women's groups, women farmers and youth groups. These sessions focused on a range of essential topics aimed at fostering social transformation, addressing harmful traditional practices, and promoting socio-justice.

During the meetings, womens and youth groups discussed gender-based violence, child marriage, reproductive health, womens rights, human rights, child rights, personal hygiene, basic health and sanitation, and harmful practices in society. The farmer groups received valuable information on nursery bed types, seasonal usage, goat farming practices, goat shelter preparation, pest-related diseases in agriculture, goat reproduction, goat rearing, and harmful pesticides.

Moreover, the orientation for the youth groups aimed to enhance their knowledge about the adolescent period.

To ensure the effectiveness of the program, pre-tests and post-tests were conducted, demonstrating significant improvements in the participants; understanding and awareness of the covered topics.



FENCING OF THE SITE FOR COMMUNITY-BASED MULTI-PURPOSE NURSERY AND OTHER CONSTRUCTION WORKS, SAPTARI, JULY 5, 2024

The project implemented area faced the problem of inundation, making it mandatory to select the nursery site at a slightly higher altitude than the average land level. The Rajendra Devaki School's pond perimeter was chosen for this purpose. This site is higher in altitude than the surrounding areas, eliminating the problem of inundation. Around 3 kaththas of land is available for the nursery purpose. The area was properly fenced, and nursery works like preparation of seedling beds, germination house, and germination beds will commence once the monsoon season is over.

Although the monsoon season and the farmers busy schedules disrupted the workflow, we feel accomplished that at least the fencing of the nursery site is complete.

During August, construction work in the nursery continued. In addition to the fencing, a plastic house for the germination of seeds, six sapling beds for stacking saplings, and one manure shed were constructed inside the nursery. We have also stocked 1250 saplings of Bamboo of Chanp variety, mostly used for DRR purposes in Terai conditions, and 4000 saplings of non-timber forest species, timber, and ornamental species currently in the nursery.



POST-TRAINING SUPPORT TO FARMERS ON CLIMATE-SMART AGRICULTURAL PRACTICES , SAPTARI, JULY 7-12, 2024

To assess the effectiveness of these activities and trainings, a follow-up training was conducted. Purpose of the training was to counsel, guide, and mentor the farmers productively, helping them adopt beneficial business models. Sessions included preparing charts of the current situation of their farms and guiding them in creating future plans. These follow-up trainings significantly helped in understanding the current farm situations and preparing plans for improvement. Additionally, they identified non-agricultural livelihood options for the participants. Despite the busy planting season for Paddy in Terai, the training saw good participation due to a heavy downpour that halted agricultural activities. The training venue was set in Shree Rajendra Devaki Higher Secondary School premises to avoid the muddy conditions prevalent in the locale during the rainy season. Two training events were conducted successively from July 7th to July 12th, 2024. The first session ran from July 7th to July 9th, and the second from July 10th to July 12th. The sessions included recaps of previous trainings, feedback sessions, and workplan preparations. Participants were divided into groups and tasked with preparing and presenting workplans for their farms and livelihood activities. Common demands included Composting Training and materials, Bamboo handicraft, Knitting, and Sewing trainings.



THREE-MONTH DHAKA WEAVING TRAINING CLOSING PROGRAM, DHADING, JULY 15 2024

The 3-month Dhaka Weaving Training for Rural Women aimed to empower women in rural areas with skills in traditional Dhaka weaving. Initiated in coordination with the rural municipality and ward office and in collaboration with Pavil Sana Kishan Krishi Sakari Sastha Ltd, with financial support from A EIN Luxembourg, the program trained a total of 9 participants. The objectives of the program included enhancing women's financial independence and socio-economic status, providing comprehensive training in Dhaka weaving techniques, empowering women artisans, and promoting gender equality by offering equal access to training and employment opportunities. The training officially started on 14th May 2025, inaugurated by Mr. Meghnath Rijal, Chairperson of the Rural Municipality, and other dignitaries. The training, guided by Ms. Kumari Majhi, included daily sessions, focusing on yarn preparation, loom setup, pattern weaving, and finishing techniques. Participants also received theoretical lessons on the history, traditional designs, color theory, and market trends of Dhaka fabric, along with an orientation program on GBV and HTPS by ROYM Nepal. Feedback from participants highlighted the need to continue training for making various Dhaka items and the necessity of skill testing by the CTEVT National Skill Testing Board.



YHRD MAPPING IN WEST RUKUM, KARNALI, JULY 22, 2024

ROYM Nepal successfully conducted a Youth Human Rights Defenders (YHRDs) mapping workshop in West Rukum on July 22, 2024, under the EKATA project. This initiative aims to identify and engage young activists within various community groups. During the workshop, stakeholders from diverse backgrounds discussed the importance of young human rights defenders and their roles in promoting human rights at the grassroots level. The mapping process identified 20 passionate young individuals eager to make a difference in their communities. This workshop laid the foundation for forming a robust network of young human rights defenders in the district.



FORMATION OF YHRD IN WEST RUKUM, KARNALI, JULY 25, 2024

On July 25, 2024, ROYM Nepal facilitated the formation of the Youth Human Rights Defenders (YHRDs) network in West Rukum. Following the successful mapping workshop, 31 young human rights defenders were selected to form the network. The event included comprehensive orientation sessions on human rights and the critical role of youth in their protection and promotion. Participants engaged in vibrant discussions with local authorities, including the Chief District Officer and police officials, addressing challenges and strategizing on effective human rights advocacy. The formation of this network marks a significant step in empowering youth to champion human rights in West Rukum.



YHRD MAPPING IN JAJARKOT, KARNALI, JULY 28, 2024

The EKATA project continued its mission in Jajarkot on July 28, 2024, with a Youth Human Rights Defenders (YHRDs) mapping workshop. This workshop aimed to identify young activists dedicated to advocating for human rights within their communities. With the participation of 33 young individuals, the workshop focused on discussing the current human rights landscape, the role of youth in human rights advocacy, and the challenges they face. The mapping exercise was instrumental in pinpointing passionate young defenders ready to contribute to the human rights movement in Jajarkot.



FORMATION OF YHRD IN JAJARKOT, KARNALI, JULY 30, 2024

Following the successful mapping in Jajarkot, the formation of the Youth Human Rights Defenders (YHRDs) network took place on July 30, 2024. Thirty dedicated young activists came together to establish the network, receiving thorough training on human rights principles and youth engagement. The formation event also included interactive sessions with district authorities, enhancing understanding of human rights issues and collaborative approaches to address them. This newly formed network is poised to drive impactful human rights initiatives in Jajarkot.



SEED MONEY SUPPORT, RAUTAHAT AND MAHOTTARI, AUGUST 2, 2024

We have provided seed money support to three rights holders to initiate livelihood activities aimed at improving socio-economic status by increasing access to resources and economic opportunities at the local level. One right holder from Rautahat received assistance to start a snack stall. Additionally, two rights holders from Mahottari received seed money support: one to set up a photocopy and printing shop and the other to purchase goats to develop a livestock business.



COMMUNITY ORIENTATION THROUGH PEER EDUCATORS, SARLAHI, AUGUST 5, 2024

A community orientation session through Peer Educators on the consequences of child marriage was conducted at Bhangaha Municipality Ward No 3, with a total of 26 participants, including 9 males and 17 females. The program aimed to educate participants about the severe health, educational, economic, and social impacts of child marriage and to promote actions that can help prevent it. The event was organized to create awareness against child marriage and to work towards social justice and youth empowerment.



IMPROVED BREEDING BUCK SUPPORT PROGRAM , SAPTARI, AUGUST 7, 2024

ONE DAY CAPACITY DEVELOPMENT TRAINING PROGRAM, DHADING, AUGUST 7, 2024

Local Terai breed goats face challenges such as smaller size and inbreeding, reducing their prolificity. To address this, we supported the community by providing 75% cross Boer Breeding Bucks. The program aimed to enhance breed performance through crossbreeding, avoid inbreeding, and promote good goat-keeping practices. Four Breeding Bucks were purchased from a reputable farm in Hetauda, Makwanpur, and distributed to farmers in different settlements. Initially, farmers were hesitant but were convinced of the benefits after counseling. Concerns about the bsurvival in Terai conditions were addressed. The program aimed to break the inbreeding cycle, thus preventing genetic disorders and improving goat performance. Two Bucks were allocated to Koiladi Tole, one to Chatti Tole, and one to Mukhiya Tole, benefiting the maximum number of farmers.

On August 7, 2024, ROYM Nepal Dhading branch organized a one-day capacity development training program for young women leaders and volunteers at Hotel Janajibika, Neelkanth Municipality, Ward No. 3. The event, attended by 62 participants, aimed to enhance leadership, organizational management, strategic planning, and advocacy skills.

Hosted by Mrs. Gyanu Kandel, the program included distinguished guests such as Deputy Mayor of Dhading Mr. Dipak Bishwokarm and various other local leaders. The training sessions covered topics like gender and social issues, feminism, women's and children's safety, and Nepal's legal framework on women's rights.

Participants, including Rupa Shrestha and Shanta Hamal, expressed how the training empowered them with knowledge about women's rights and self-defense.

Key takeaways from the event included the need for capacity development, leadership training, income-generating activities, and self-defense training for women. The program successfully spread awareness of women's rights and built effective advocacy strategies, inspiring participants to lead and motivate their communities.





ENTREPRENEURSHIP DEVELOPMENT AND MARKET LINKAGE FOR VEGETABLE PRODUCTION, SAPTARI, AUGUST 6-8, 2024

To enhance the profitability of vegetable-producing farmers, an Entrepreneurship Development and Market Linkage for Vegetable Production training was conducted at Tilathikoiladi RMP-04. The training aimed to transform small-scale farmers into entrepreneurs by teaching them market linkage and entrepreneurship skills.

Key objectives included facilitating farmers about entrepreneurship, linking them to the market, and increasing their income. The training covered essential topics like demand and supply chains, types of markets, and customer segments.

Participants engaged in interactive activities, such as a demand and supply game, to gain practical market knowledge. The sessions were held successfully despite the busy planting season, with 50 participants (37 women and 13 men).

Participants expressed satisfaction with the training, and the initiative promised to link them with the Cottage and Small Industry Office in Rajbiraj for additional skill-based training.



DISTRICT LEVEL YOUTH NETWORK FORMATION PROGRAM, DHADING, AUGUST 11, 2024

ROYM Nepal Dhading branch organized a District Level Youth Network Formation Program at Hotel Janajibika, Neelkantha Municipality, Ward No. 3. The event aimed to empower women in the society of Dhading, with 42 participants from various municipalities and wards attending.

The program was presided over by Women Human Rights Defender Network District Network's President, Gayetri Khatiwoda, who expressed gratitude and shared insights on organizational strategies and women's human rights.

The main objective was to establish a district-level youth women's network to develop leadership capacity, promote social and economic development, and spread knowledge about women's rights.

Among the 42 participants, 15 were finalized for the district women youth network, and plans were made for regular meetings. The sessions included discussions on gender issues, feminism, and the legal framework for women's rights in Nepal, led by various speakers, including Mr. Harisharan Dhital, DPC Dhading, and advocate Radhika Sapkota.



INTERNATIONAL YOUTH DAY 2024: "YOUTH DIGITAL PATHWAYS FOR SUSTAINABLE DEVELOPMENT", DHADING AND SARLAHI, AUGUST 12, 2024

ROYM Nepal organized an International Youth Day Interaction Program across multiple locations, focusing on the theme "Youth and Technology" in Dhading and Sarlahi.

The event, attended by 59 participants in Dhading and 79 participants in Sarlahi, we aimed to explore the impact of technology on the lives of young people and discuss the opportunities and challenges it presents.

The program included discussions, workshops, and interactive sessions, beginning with an opening ceremony led by notable guests such as Mr. Salikram Dawadi and Mr. Rajendra Dev Pandey.

The sessions covered the current status and issues facing youth, how to use digital platforms for income, and staying safe online. Key topics included climate change, economic inequality, digital privacy, mental health, and cybercrime.

The event successfully raised awareness about the importance of digital literacy, encouraged the use of digital skills for sustainable development, and provided practical advice for navigating the digital world safely.



INTERNATIONAL YOUTH DAY CELEBRATION PROGRAM: SPEECH COMPETITION, DHADING, AUGUST 12, 2024

ROYM Nepal Dhading branch organized a speech competition on the topic "The Role of Youth in Sustainable Development along with Utilization of Technology." The event was held at two locations: Mahendra Barahi Secondary School in Netrawati Dabjong Rural Municipality, Ward No. 5, and Panchakanya Secondary School in Neelkantha Municipality, Ward No. 5. A total of 171 participants attended the program, with 68 at Panchakanya Secondary School and 103 at Mahendra Barahi Secondary School.

Guest speakers emphasized the importance of youth in sustainable development and the responsible use of technology, highlighting its potential benefits for research and innovation and warning about its possible negative impacts.

The primary objectives of the event were to enhance students' speaking abilities and knowledge on relevant topics, build effective speech delivery strategies to support youth, and encourage critical thinking beyond school subjects.

Key takeaways included the need for early notice to improve preparation time and the value of such programs, which are new and beneficial for both schools.



ORIENTATION WORKSHOP TO THE LOCAL GOVERNMENT ON LAPA AND NAPA FRAMEWORK, SAPTARI, AUGUST 15, 2024



SEMI-ANNUAL REVIEW AND PLANNING MEETING OF ROYM NEPAL , DHADING, AUGUST 15 2024,

We conducted an orientation workshop on the Local Adaptation Plan of Action (LAPA) and National Adaptation Plan of Action (NAPA) frameworks for local government officials' in Tilathikoiladi RMP ward 04. Local governments, formed after federalism in Nepal, develop plans for various sectors like education, health, infrastructure, and agriculture. However, these plans often lacked grassroots-level implementation and environmental impact assessments, resulting in issues such as floods and pollution. To address this, the workshop aimed to orient local representatives and staff on LAPA and NAPA frameworks, data collection processes, and climate adaptation strategies. Formal invitations were sent to key officials, and the workshop was held at Rajbiraj. Participants included the Chairperson, Vice-chairperson, Chief Administrative Officer, executive members, ward chairpersons, and section chiefs. The workshop, covered adaptation, mitigation, LAPA, vulnerability, disaster, risk, and related terminologies. Participants also filled out vulnerability index forms to understand and plan for local climate challenges. The event was well-received, with 39 participants (6 female and 31 male) gaining valuable insights and committing to integrating LAPA and NAPA frameworks into their planning processes. This workshop marked a significant achievement for the ROYM Nepal as we are the first NGO to introduce and endorse LAPA and CAP in coordination with the municipality.

ROYM Nepal held its Semi-Annual Review and Planning Meeting on the 14th and 15th of August 2024 in Dhading. The meeting focused on reviewing the JIBIKA project's progress, addressing challenges, and planning for the next six months. Key achievements included successful training programs, the formation of various community groups, and the distribution of agricultural resources to beneficiaries.

The meeting also highlighted financial transparency, accountability improvements, and strategic planning for future activities. Engaging discussions with local government representatives emphasized the importance of collaboration and the integration of gender and social inclusion policies to ensure equitable development across all communities.

The event concluded with the development of SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals and action plans for the upcoming period, ensuring clear and measurable progress.

The Semi-Annual Review and Planning Meeting was a resounding success, setting a clear path for the future of the JIBIKA project and reaffirming ROYM Nepal's commitment to community development and empowerment.



YHRD MAPPING IN SURKHET, KARNALI, AUGUST 15, 2024

SUPPORT FOR THE CONSTRUCTION OF IMPROVED ANIMAL SHEDS (IASS) -SAPTARI, AUGUST 18, 2024

ROYM Nepal conducted a Youth Human Rights Defenders (YHRDs) mapping workshop in Surkhet as part of the EKATA project. This initiative aimed to identify young human rights defenders committed to advocating for human rights within their communities. The workshop saw active participation from various youth, with discussions centered around the importance of human rights advocacy, the current challenges faced, and strategies for effective activism. The mapping exercise successfully identified numerous passionate young defenders ready to contribute to the human rights movement in Surkhet.

In recent years, climate change has affected livestock raising and animal health sectors, with new parasites and diseases thriving due to rising temperatures. To adapt, we initiated the construction of Improved Animal Sheds (IASs). These sheds provide various benefits, including better sanitation, enhanced living conditions for animals, and control of methane emissions. The project supported eight farmers in improving their sheds, hoping to inspire more farmers to follow suit. Farmers were selected based on guidelines and consultations with ward offices. Initially hesitant, they agreed to a partnership program covering half of the construction budget after counseling. The construction was closely monitored to ensure quality and desired design. Feedback from farmers was positive, with increased demand for improved sheds. The program also educated farmers on the benefits of using cattle urine in composting and bio-pesticide preparation. The constructed sheds now offer a sanitary environment for animals, making it easier to collect cattle dung and urine, supporting good composting techniques and reducing the use of harmful chemical fertilizers.



COMMUNITY ORIENTATION ON EARLY WARNING SYSTEM, SAPTARI, AUGUST 22, 2024

A one-day orientation program on the Early Warning System (EWS) was conducted to prepare communities for upcoming rainfall-related disasters. The major objectives were to inform people about the EWS, generate awareness, and prepare locals for potential disasters. Key points from the orientation

included understanding the EWS process, mobile messaging and calls related to EWS, and the efforts made by RMP and ROYM Nepal for early preparedness. Also community-based orientations were conducted by ROYM Nepal staff, reaching 227 people and raising awareness about early warning and disaster preparedness.



BI-ANNUAL REVIEW MEETING FOR RUPANTRAN PROJECT, RAUTAHAT, AUGUST 24-25, 2024

The bi-annual project review meeting took place for two days and was supported by staff from ROYM Nepal's central office as well as project staff from the Rupantaran project.

The primary goal of the meeting was to share the project progress, thoroughly review activities from the previous months, and gather input for future project implementation.

Over the two-day period, discussions centered around the progress made so far and the challenges encountered in recent months. The team also planned upcoming programs, incorporating input from both field members and central office staff.

Following the review, a sharing session was held, and a detailed action plan was drafted for the upcoming months.

This review program provided clear direction for the projects planning, with discussions on project activities, implementation processes, methods, and timelines.

Additionally, the finance department addressed various staff queries regarding bills, advance requests, and settlement processes, ensuring smooth financial operations moving forward.



EXPOSURE VISIT OF THE FARMERS , SAPTARI, AUGUST 27-29, 2024

With the financial support of AEIN Luxembourg and the implementation by ROYM Nepal, the Saksham Saptari Project was carried out in Tilathikoiladi RMP ward 04. On August 27, 2024, a three-day exposure visit was organized for the farmers of Tilathikoiladi 04. Believing in the principle that seeing and believing is the most effective way of learning, the tour aimed to refresh the farmers mindset. The objectives were to expose participants to new farming methods and research at different NARC stations, to demonstrate good farming practices, and to promote climate change adaptation strategies.

Participants visited the Koshi Tappu Wildlife Reserve and its museum, stayed at Kanjirowa Hotel in Dhankutta on the first night, explored Sidhuwa vegetable production, NARC Pakhribas, and stayed at Hotel Makalu View in Hile on the second day. On the final day, they visited NARC Tarhara before returning to Tilathikoiladi.

The visit provided participants with valuable exposure to new farming systems and technologies, enhancing their technical knowledge and inspiring them to adopt better practices. The visit was successful, with all 30 participants expressing satisfaction and enjoyment.



BOER GOAT DISTRIBUTION PROGRAM, DHADING, AUGUST 31, 2024

ROYM Nepal Dhading branch organized a Boer goat distribution program through the JIBIKA project. The event took place in Neelkantha Municipality Ward No. 5, Khalte, and Netrawoti Dabjong Rural Municipality Ward No. 5, Pata, with a total of 16 participants. The aim of the program was to influence ground-level farmers towards commercial farming, improve goat production, and increase income sources. The event was graced by the presence of Hari Adhikari, Ward Chairperson of Netrawoti Dabjong RM Ward No. 5, and Sarita Shrestha, Ward Member of Neelkantha Municipality Ward No. 5. The program, operated by ROYM Nepal Dhading's Social Mobilizer, began with a welcome address to participants and local government representatives. Chief guests delivered short speeches highlighting the goals and benefits of the goat distribution program. The distribution was conducted through a sphere lucky draw system, which was agreed upon during group discussions. The Agriculture Technician concluded the event by thanking all participants and facilitators and wishing them well in managing their new livestock. The program successfully distributed Boer goats and established a base for adapting the new breed in the community, leading to commercialization and improved income.



ONE-DAY FINANCIAL LITERACY SEMINAR PROGRAM, DHADING, AUGUST 31, 2024

ROYM Nepal Dhading branch organized a one-day financial literacy seminar for three farmer groups from Neelkantha-5 and six farmer groups from Netrawoti Dabjong RM-5. The seminar aimed to broaden the thinking capacity of 142 individual farmers, helping them make better decisions and manage budgets for both home and business.

The event, held in Neelkantha Municipality Ward No. 5 and Netrawoti Dabjong Rural Municipality Ward No. 5, was facilitated by trainers Binda Devi Shrestha, Navaraj Pyakurel, Nabina Gurung, and Durga Man Shrestha. Topics covered included the meaning and importance of financial literacy, saving methods and plans, cooperative principles, financial services, loan management, and insurance.

Chief guests at each location praised the initiative, emphasizing its importance in improving financial management behaviors among village farmers. The seminar concluded with participants gaining valuable insights into financial planning and management, thereby enhancing their leadership and decision-making abilities within their families and communities.



MOTORCYCLE REPAIRING TRAINING, GUJARA MUNICIPALITY, RAUTAHAT, SEPTEMBER 1, 2024



ORIENTATION FOR FARMERS GROUP ON BIO-PESTICIDE MAKING UP, DHADING, SEPTEMBER 11, 2024

The motorcycle repair training program, initiated on September 1, 2024, was a 60-day initiative aimed at improving the socio-economic conditions of underprivileged youth. Targeting 14 young male participants, the program focuses on equipping them with fundamental skills in motorcycle repair and maintenance. The trainees were selected based on their strong interest in learning skills that can help them start their businesses or secure employment in the field. Currently, they are participating in basic repair techniques, which will pave the way for more advanced training as the program progresses. By offering access to resources and professional knowledge, the program seeks to empower participants with practical skills, enabling them to seize economic opportunities at the local level, ultimately helping to improve their livelihoods and foster long-term self-reliance.



ROYM Nepal Dhading branch, through the JIBIKA project, organized an orientation program on bio-pesticide making for farmers in Nilkantha Municipality Ward No. 5 and Netrawoti Dabjong Rural Municipality Ward No. 5. The program aimed to educate participants about the benefits, applications, and safety measures of botanical pesticides, promoting sustainable pest management practices. In total, 39 sets of 100-liter drums, five sets of knapsack sprayer pumps, and Personal Protective Equipment (PPE) were distributed to 39 participants. The events were attended by 18 participants in Neelkantha and 21 in Netrawoti Dabjong. Local government representatives were present to support the initiative.

PJTA provided detailed instructions on the preparation and application of bio-pesticides, emphasizing their importance in sustainable agriculture. The participants were introduced to the methods and benefits of using bio-pesticides, which are safer for both humans and the environment compared to chemical pesticides. Key takeaways from the event included increased awareness and motivation among farmers to prepare and use organic pesticides with readily available tools and natural remedies.



OFF FARMING TRAINING, SARLAHI AND MAHOTTARI, SEPTEMBER 12, 2024

To empower youth and women from marginalized communities and improve their livelihoods, an off-farm skill development training program was carried out in the Sarlahi and Mahottari districts. In Sarlahi, 15 girls and young women participated in a bangle-making training program, where they learned the skills to create bangles and earn income through this craft. This initiative provides them with the opportunity to achieve financial independence by meeting local market demands. In Mahottari, 16 participants received training in the beauty and hairdressing field. Twelve participants were trained in beautician skills, learning various techniques to offer beauty services, while four participants gained knowledge in hairdressing. This practical training equips participants with the tools to start their beauty businesses or find employment in salons. Through these initiatives, the program aims to improve the socio-economic status of the participants, promoting self-reliance and personal development in the process.



YHRD FORMATION IN HUMLA, KARNALI, SEPTEMBER 23, 2024

YHRDs network was formed in Humla, following a successful mapping workshop. Twenty-eight young activists came together to establish the network, with comprehensive training on human rights principles



GRADING, PACKAGING, AND MARKETING MANAGEMENT TRAINING, DHADING, SEPTEMBER 24, 2024

On 23rd and 24th September 2024, ROYM Nepal Dhading branch organized a training program on grading, packaging, and marketing management in Kalika Krishak Samuha of Neelkantha-5 through the ROYM Nepal and JIBIKA project for 34 participants. Facilitated by District Program Coordinator Hari Sharan Dhital and Agriculture Technician Gopal Shrestha, the training aimed to make participants familiar with grading, packaging, and marketing management methods, promote value addition of products, and elongate the vase life of products for the market. The whole-day session was divided into four parts. The first session, led by Mr. Hari Sharan Dhital, included an introduction to ROYM Nepal and the JIBIKA project. The second session, also conducted by Mr. Dhital, covered the necessity, importance, and methodology of grading, packaging, and marketing management. The third session involved practical exercises in grading and packaging apples and tomatoes, led by Agriculture Technician Gopal Shrestha. The final session was conducted by Mr. Dhital, who wrapped up the training and encouraged participants to apply the knowledge gained in their practical fieldwork. and the role of youth in their promotion and protection. The formation event included interactive sessions with local authorities, enhancing collaborative efforts to address human rights issues in the region. This network aims to empower youth in Humla to advocate for human rights and drive positive change in their communities.



COMPOSITE (VEGETABLE) SEED DISTRIBUTION, DHADING, SEPTEMBER 30, 2024



LIFE SKILLS TRAINING PROGRAM IN BRINDAWAN-7, RAUTAHAT AND SARLAHI, SEPTEMBER 24, 2024

On 29th and 30th September 2024, ROYM Nepal Dhading branch, through the JIBIKA project, organized a composite vegetable seed distribution event in Neelkantha Municipality Ward No. 5 and Netrawoti Dabjong RM Ward No. 5.

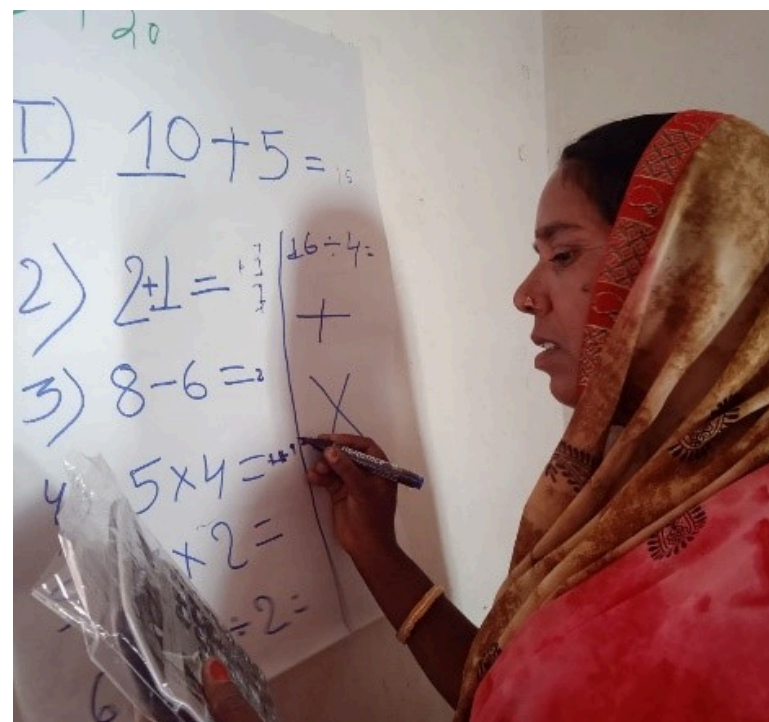
A total of 171 farmers participated, with 96 from Neelkantha and 75 from Netrawoti Dabjong. The event aimed to introduce more productive vegetable seed varieties, demonstrate how to establish nursery beds for seedlings, and promote new types of kitchen gardening to ensure a variety of vegetables in home gardens.

The vegetable seeds distributed included Yard Long Bean, Mino Early Radish, Bhaktapur Local Cucumber, New Coroda Carrot, Hybrid Coriander, and Marfa Chauda Paat Spinach.

Key takeaways from the event included the benefit of having a variety of vegetable production for family consumption, providing farmers with more choices and enriching their vegetable gardening practices.

The event successfully spread knowledge about efficient vegetable gardening and introduced farmers to new, productive seed varieties.

The seven-day Life Skills Training Program was conducted in Brindawan-7, Rautahat, and Brahmapuri-1, Sarlahi to enhance practical knowledge and essential skills among the participants. Each day covered a specific topic necessary for daily living and personal development, including Vital Event Registration, Basic First Aid, Disaster Management, Traffic Rules and Regulations, Food and Nutrition, Basic Calculator Use, and Important Signs and Symbols. A total of 54 community women participated in the program, gaining valuable insights and skills that are essential for their daily lives and personal growth.





EMPOWERING WOMEN IN RAUTAHAT: A TRANSFORMATIVE JOURNEY WITH WOMEN FUND ASIA, JULY 1 TO SEPTEMBER 30, 2024, RAUTAHAT

From July to September, ROYM Nepal, with the support of Women Fund Asia, implemented a comprehensive set of activities in Rautahat District, encompassing six municipalities and involving eight labor groups working in sectors such as brick factories, bamboo weaving, tobacco agriculture, construction labor, sand crusher work, and the entertainment industry.

During this period, we conducted a total of 20 activities and orientation sessions, focusing on critical topics like employment management, gender-based violence management and prevention, pregnancy and marriage management, women's rights, and abortion management.

Key highlights of our initiatives included essential training sessions to educate women on effective employment practices, in-depth sessions on managing and preventing gender-based violence, programs offering vital information on managing pregnancy and marriage-related issues, comprehensive education on women's rights and abortion management, and discussions on handling employment and violence-related challenges.

Additionally, we organized district-level consultations, celebrated Youth Day, and conducted problem identification sessions to understand and address the key issues faced by women in these labor groups. These efforts resulted in the successful support of 213 group members, significantly contributing to raising awareness and empowering women across Rautahat District.

Through these initiatives, we have enhanced the understanding and implementation of gender-sensitive practices but also fostered an inclusive and supportive environment for women. ROYM Nepal remains steadfast in its commitment to advancing gender equality and empowering women through continuous support and impactful programs. As we reflect on this journey, we are grateful for the support of Women Fund Asia and the active participation of our community members.



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